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# Ketogenic Bread: Low Carb Keto Bread Bakers Cookbook With COLOR PHOTOS, Serving Size, And Nutrition Facts For Every Keto Bread Recipe!

**BARRY JENNINGS**

## ***KETOGENIC*** **BREAD**

**WITH  
COLOR  
PHOTOS**



## Synopsis

Kindle MatchBook: The Kindle edition is FREE when you buy the paperback edition today! Dozens of delicious low carb bread recipes that are fully ketogenic! Includes serving size, nutrition facts, and COLOR PHOTOS for every recipe! The ketogenic diet can help you feel more energetic and years younger. Thousands of keto dieters around the world have already discovered this amazing, fat burning diet. Think you can't eat bread while burning fat with ketosis? Think again! A frequent complaint from ketogenic dieters is that losing weight with the keto diet means they have to sacrifice all of the delicious, fresh baked goods they used to enjoy like pretzels, muffins, buns, and even just a simple, warm loaf of bread fresh from the oven. You don't need to say no to delicious baked goods anymore! This bread baker's cookbook contains dozens of fully ketogenic baked goods that you can enjoy without destroying your diet! Even on a keto diet you can have your cake and eat it too! Say YES to your favorite baked goods without sacrificing your health and your appearance! Grab this cookbook today and enjoy dozens of fresh and tasty low carb baked goods. There is no need to sacrifice your health to enjoy everything you've been missing when you grab this cookbook today!

## Book Information

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## Customer Reviews

Great recipes for anyone on a paleo or keto diet that still wants to eat bread. When I went low-carb I immediately started to miss eating sandwiches, toast, and a nice warm buttered bun with dinner. This was really a downside to low-carb diets for me and I could feel it sapping my will power away. Fortunately I found that low carb bread is an option for dieters like me. This is a great cookbook whether you are just getting into low carb bread or whether you are already experienced at low carbohydrate baking. Unlike some other cookbooks I've bought, this one has big, full color photos for every recipe. The instructions are very clear and the recipes are surprisingly easy to make. I would recommend this cookbook for anyone who is doing a low carbohydrate diet and is missing out on bread, buns, etc.

Just love coming home to the smell of a fresh baked loaf of bread! I thought those days were behind me when my partner and I started doing the Ketogenic Diet. I tried some other low carb bread cookbooks but we could never get the recipes to come out right. This is the cookbook that worked for us. We are low carb bread pros now thanks to this cookbook. If you want to make quality bread even without any experience then pick up this book.

Great presentation of recipes with big photos on every page. The recipes are very easy to make and I have enjoyed everything I've made out of this book so far. I'm tracking my net carbs carefully and I am happy to report I have no problem staying in ketosis while eating the bread I made from this book. Nothing like eating a big tasty sandwich and staying in ketosis!

I always assumed baking bread was hard but this book makes it easy. The bread comes out delicious, warm, and fluffy just like in the photos. I've baked 8 recipes from this book so far and I will make the rest over the next few weeks. A great cookbook for losing weight while still eating bread.

Love this book: all recipes are simple enough to make and pictures are very helpful.

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